

KATIE JEFFREY MCVEY TCRG
INVITES YOU TO
THE WEST OF SCOTLAND
IRISH DANCING CHAMPIONSHIPS



CHRYSTON HIGH SCHOOL
LINDSAYBEG ROAD, CHRYSTON,
GLASGOW, G69 9DL
SATURDAY 24TH SEPTEMBER 2022

Fellow Teachers

I would like to take this opportunity to invite you and your dancers to the 15th annual **West of Scotland Championships**. I hope you can join me in celebrating this year's event after what has been a difficult few years for the whole dancing community and society more generally.

I am delighted to announce that this year's event will be held once again at Chryston High School, which boasts a spacious purpose built stage, a sizable gym hall and open planned atrium area providing a modern and comfortable setting.

As ever, the competition will also have fabulous awards and prizes on display, with a 5 tier podium, sashes, cups, trophies, crystal and medals all up for grabs, as well as a number of exciting surprises.

This year's competition will continue to amalgamate all prelim dancers into the open championship for each age group from Under 10 through to Senior. Separate prelim results will be given to reflect rounds 1 and 2 of these championships.

I can also confirm that all grade, prelim and championship competitions are open to dancers from all regions. Please ensure you check eligibility criteria in the rules section of the syllabus.

The final timetable will be confirmed by Monday 12th September, once all entries are received, but I have prepared a provisional timetable, to assist with travel plans, and I will endeavour to stick as closely to this as possible.

Finally, it is my intention to continue to run our **Champion of Champions** competition at the end of the day again this year. This competition will celebrate the winners of each open championship age group, with each champion competing for the Champion of Champions Title and to win a beautiful Crystal Trophy award. This competition will be split into 2 age groups, Under 5 to Under 12 and Under 13 to Senior, showcasing the amazing talent that our champions have to offer.

I look forward to seeing you there.

Katie Jeffrey McVey T.C.R.G

Entry Fees

| | |
|--|-------------------|
| Solo Grades | £5.50 per dance |
| Trophy Grades | £6.50 per dance |
| Rising Stars | £6.00 per dance |
| U5 Championship | £15.00 per dancer |
| U6 Championship | £20.00 per dancer |
| U7 – U 9 Championships | £35.00 per dancer |
| U10 - Senior Championships (inlc prelim) | £40.00 per dancer |
| Dancer Maximum | £55.00 per dancer |
| Family Maximum | £85.00 per family |
| Door Entry (on the day) | £6.00 per person |
| Concession (on the day) | £3.00 per person |

Feis Secretary

Katie Jeffrey McVey
Aisling House, 72 park Road,
Bishopbriggs, G64 2LH
07515 857 179
katiemcvey@ymail.com

To submit entries, follow the steps outlined below:

Complete dancer information on the excel entry file provided

Email updated excel entry file to ***desilke@instepfm.com***

Transfer bank payment to ***Katie McVey*** as follows:

Acc: 00266107 / ***Sort:*** 83-16-13 / ***Ref:*** Name of Dance School

Ensure entries and payment are submitted by ***Friday 2nd September***

Only online entries and payments will be accepted.

Adjudicators

- | | |
|----------------------|-------------|
| 1. Dara O'Sea | Edinburgh |
| 2. Jonathan McMorro | Co. Leitrim |
| 3. Clare McMorro | Co. Leitrim |
| 4. Josephine Brennan | Belfast |
| 5. Ciara Buckley | Midlands |
| 6. Gavin Docherty | Belfast |

Musicians

- | | |
|----------------------|---------|
| 1. Seamus O'Sullivan | Glasgow |
| 2. Gerry Conlon | Glasgow |

Feis Rules

1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Entries will only be accepted directly from teachers registered with AN COIMISIÚN LE RINCÍ GAELACHA.
3. All entries must be made on the enclosed official entry form, which must be completed and signed by the teacher. Entries will only be accepted from teachers en-bloc and not on an individual basis. One cheque per school.
4. The dancer's FULL FIRST NAME and SURNAME must be entered in BLOCK CAPITALS.
5. The Feis Committee may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of the Scottish Regional Council or An Coimisiún le Rincí Gaelacha.
6. Adjudicators' decisions are final.
7. Complaints can only be accepted if in writing, within 1 hour of the incident and accompanied with a £30 fee to the Feis Secretary. This should be submitted prior to the announcement of any result. The fee will be returned if the complaint is upheld.
8. Competitors must be present when their competition is called and fully obey all instructions and directions from Feis Stewards and Officials or they may lose their right to compete
9. The organisers reserve the right to start any competition up to 30 minutes prior to the scheduled times. Competitions will not be held open.
10. All first place championship trophies are perpetual trophies and must be returned engraved and in good condition at the request of the Feis Committee. First place Prelim championship trophies do not need to be returned.
11. Beginner and Primary competitions are open to competitors from all regions.
12. Beginners are only permitted to dance steps equivalent to the basic Reel/Single Jig/Light Jig/Heavy Jig and Hornpipe. Any competitor performing steps of a harder degree of difficulty in the Beginner's grade may be disqualified from that particular competition.
13. A dancer winning 1st or 2nd in Beginner grade, when there are 6 or more competitors, must dance that particular dance in Primary grade (or above) for a period of 24 months.
14. A dancer winning 1st in the Primary grade, when there are 6 or more competitors, must dance that particular dance in Intermediate grade (or above) for a period of 24 months.
15. A dancer winning 1st in the Intermediate grade, when there are 6 or more competitors, must dance that particular dance in Open grade for a period of 24 months.
16. A dancer winning 1st, 2nd or 3rd in the Open grade must dance that particular dance in the Open grade for at least 24 months.
17. Open championship – a dancer winning 1st, 2nd or 3rd in an Open championship must remain Open for the dances performed in that championship for a period of at least 24 months.
18. Dancers in Beginner and Primary competitions up to and including the under 12 age group may only wear class costume, skirt and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.
19. Effective from 1st February 2020, length of costumes must adhere to principals of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change in to black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above.
20. The normal rotation of dances for the U7 – U9 competitions will be Reel then either Single Jig or Light or Heavy Jig. In the older age groups, the hard shoe round will be danced first.

21. All competitors will dance two at a time in the first two rounds.
22. Tempos for Solo Championships & Preliminary Championships will be the same as those stipulated for the World Championships.

Beginner and Primary competitions will be in accordance with those stipulated by the Scottish Regional Council. All agreed speeds are outlined below:

| | Reel | Single Jig | Light Jig | Slip Jig | Heavy Jig | Hornpipe |
|--------------|-------------|-------------------|------------------|-----------------|------------------|-----------------|
| Beginner | 122 | 124 | 116 | 122 | 96 | 144 |
| Primary | 120 | 124 | 116 | 118 | 76 | 120 |
| Intermediate | 113 | 124 | 116 | 113 | 73 | 113 |
| Open | 113 | 124 | 116 | 113 | 73 | 113 |

23. Toe blocks or any other footwork danced “en-point” whether stationary or moving is not permitted for those dancers up to and including the Under 12 age group. (Per Rule 4.6.2 Rules for Registered Teachers & Adjudicators).
**For clarification purposes, this means that if the full weight is put on the foot, that is en point, which is not allowed in any movement. (Effective 27/01/2019 per rule 4.6.2 Rules for Registered Teachers & Adjudicators)*
24. All competitors must be in full costume and appropriate black dance footwear when receiving awards, otherwise such awards may be forfeited.
25. Attendees must comply with the Make Up Rules 4.5 per CLRG Rule Book – 4.5.2 Make-up (including false eyelashes) is not permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Make Up will not be permitted for any dancer in the first 2 grades (Beginner and Primary) up to and including the Under 12 age group worldwide. For the purposes of this rule, the term “make-up” includes tinted moisturiser and any artificial tanning products. An Coimisiún le Rincí Gaelacha hopes that teachers and parents will interpret and apply this rule in the spirit it is intended. Effective 01/03/2014.
26. The dress code in accordance with An Coimisiún ruling will be strictly observed. i.e. For the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the feis scantily dressed.
27. All mobile phones and electronic devices must be placed on silent in the competition areas.
28. The photography and videoing policy of An Coimisiún will be strictly observed, full details of which will be published in the official programme.
“Any form of unauthorised photography which has the capability to capture a dancer’s mage whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video amcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition”.
29. The organisers will take photographs of competitors, competitions and presentations.
30. Such photographs may be subsequently used for marketing and promotional purposes of the event. Should you wish your child/children to be excluded from being photographed at the event this must be advised in advance to the Feis organisers.
31. Other than the photographs taken by the Feis organisers, all photographs of competitions, competitions and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or website without the express written permission of the organisers and the parents or guardians dancers included therein.
32. First aiders will be present should anyone need their assistance at the Feis.

33. For the purposes of Preliminary competitions-
 - i. A minimum number of three Adjudicators must officiate.
 - ii. The first age group for a Preliminary Championship is Under 10.
 - iii. Where a Preliminary Championship is combined with an Open Championship, then the result will be taken from eligible dancers' ranking after the first two rounds.
 - iv. Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 24 months thereafter.
 - v. For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
 - vi. Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
 - vii. Dances performed in a Preliminary Championships do not count for grading in solo competitions.
 - viii. All dancers, who are included on the official confirmed list of qualifiers for Oireachtas Rince na Cruinne 2021, are not eligible to compete in Preliminary Championships until further notice, with the exception of dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.
 - ix. Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 24 month.
 - x. Implementation date 1st January 2021.
34. IMPORTANT All competitors will be asked to confirm and sign for their eligibility to compete in a Preliminary Championships when registering. This list will then be used to announce the Preliminary Championship result. No changes to this list will be allowed after the commencement of the relevant Championship.
Please ensure that dancers are fully aware as to whether or not they are entitled to compete in the preliminary championship.
35. No coaching whilst dancers are on stage during any competition, no matter what grade. This rule has specifically been laid down by the SRC. Failure to comply with this could result in disqualification of the dancer or dancers.
36. Only competitors dancing in the Championship and feis officials will be allowed back stage at any time.
37. In line with Scottish Regional Council rules, the consumption of alcohol in the competition areas is strictly prohibited.
38. Smoking is not permitted anywhere within the venue.
39. The organisers retain the right to refuse admission to anyone in breach of any rule or where they believe there is a risk to any individual.
40. Competitors must use the designated areas to practice and must not practice in the competition halls, corridors, side stage etc. This rule will be strictly enforced. Any dancer found causing damage to floor surfaces out with the areas designated as official practice areas will be held personally liable for any necessary repairs and associated costs.
41. The Feis Committee is not responsible for property lost or damaged during the event and everyone is strongly advised not to leave bags, clothing or personal items unattended at any time. All personal property is the sole responsibility of the owner.

Directions

By Road

Chryston High School is conveniently located just minutes drive from the M80 and M73 motorways. The building is fully accessible and DDA compliant, and has ample free parking on site.

By Air

- Glasgow Airport: 16 miles / 20 mins drive
- Edinburgh Airport 36 miles / 40 mins drive
- Prestwick Airport 40 miles / 50 mins drive

By Rail

- Glasgow Central: 9 miles / 15 mins drive

Accommodation

- Best Western Garfield House 0141 779 2111
- Premier Inn Glasgow Stepps 0871 527 8452
- Crowwood House Hotel 0141 779 3861

Solo Grades

(B – Beginner, P – Primary, I – Intermediate)

| Age Group | Reel | Single Jig | Light Jig | Slip Jig | Light Trophy | Heavy Jig | Hornpipe | Heavy Trophy |
|-----------|-------|------------|-----------|----------|--------------|-----------|----------|--------------|
| U6 | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I |
| U7 | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I |
| U8 | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I |
| U9 | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I |
| U10 | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I |
| U11 | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I |
| U12 | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I |
| O12 | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I | B,P,I |

NEW!!!!

'Rising Stars Competition' dancers of any age who are not yet ready to compete in a graded competition. They will be required to dance 16 bars to beginner reel music either individually or collectively within a school. All dancers will receive a medal and sash.

Open Championships

(Solo results will be given for rounds 1 and 2)
(Prelim results will be given for age groups U10 – Senior)

| Age Group | 1 st Round | 2 nd Round | Recall |
|-----------|-----------------------|-----------------------|-----------------------|
| U5 | Reel | | |
| U6 | Reel | Single Jig | |
| U7 | Reel | Single Jig | Light or Heavy Jig |
| U8 | Reel | Heavy Jig | Hornpipe |
| U9 | Heavy Jig or Hornpipe | Reel or Slip Jig | Traditional Set Dance |
| U10 | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |
| U11 | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |
| U12 | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |
| U13 | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |
| U14 | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |
| U15 | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |
| U16 | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |
| U18 | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |
| Senior | Heavy Jig or Hornpipe | Reel or Slip Jig | Open Set Dance |

West of Scotland Championships Provisional Timetable 2022

| | Hall A | Hall B | | |
|-------|-------------------------|--------------------------|-----------------------|------------------------------|
| | | Stage 1 | Stage 2 | Stage 3 |
| 08:30 | Under 9 & 10 Champ | Under 6 & 7 Beginner | Under 8 Beginner | Under 9 Beginner |
| 09:30 | | Under 6 & 7 Primary | Under 8 Primary | Under 9 Primary |
| 10:00 | Under 11, 12 Champ | | | |
| 10:30 | | Under 6 & 7 Intermediate | Under 8 Intermediate | Under 9 Intermediate |
| 11:30 | Under 13 & 14 Champ | Rising Stars Competition | | |
| 12:00 | | Under 5, 6, 7 & 8 Champ | | |
| 14:00 | Under 15 & 16 Champ | Under 10 Beginner | Under 11 Beginner | Under / Over 12 Beginner |
| 15:00 | | Under 10 Primary | Under 11 Primary | Under / Over 12 Primary |
| 15:30 | Under 18 & Senior Champ | | | |
| 16:30 | | Under 10 Intermediate | Under 11 Intermediate | Under / Over 12 Intermediate |
| 18:00 | Champion of Champions | | | |